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## Who We Are

PiOT is Canada's most devoted occupational therapy group providing comprehensive occupational therapy for individuals and trusted consultation for employers and the legal and insurance community.

Our difference is in our genuine commitment. We are devoted to our clients and determined to see them succeed.

Occupational therapy is vital to helping people regain their life after an illness, serious accident or injury. We know how to get results and consistently identify with the individual in need.

Our areas of experience include working with people who have suffered from the effects of motor-vehicle accidents, those who are elderly and are experiencing problems with their health that are affecting their independence and ability to live safely in their home as well as individuals who due to their illness or injury are having difficulty returning to their job or meeting the demands of their job.



## Areas of Focus



**Motor Vehicle Accidents & Personal Injury**



**Workplace Assessments & Return to Work Programs**



**Helping Seniors & Loved Ones Stay At Home**

At PiOT, we see the individual within every recovery situation. We understand the whole journey through rehabilitation, both emotional and medical, and we are devoted to guiding you to real improvement. Our commitment to our clients and quality of service means that we always have your best interests at heart.

## Occupational Therapy Assessment & Treatment Services

## Personal Injury Services (MVA)



PiOT specializes in the assessment and treatment of individuals who have experienced traumatic injuries, illness and disability resulting from an MVA (Motor Vehicle Accident). We work with both non-catastrophic and catastrophic cases, specializing in the following areas:

- Traumatic brain injuries
- Spinal cord injuries
- Orthopaedic injuries
- Chronic pain
- Amputations
- Emotional and mental health issues



We have a thorough understanding of the Statutory Accident Benefits Schedule (SABS) and ensure that our practice is consistent with the current legislation. Working with the legal team and adjuster as well as our community partners allows us to deliver a thorough and effective rehabilitation program.

Our mission is to provide the highest quality rehabilitation, which means we stay at the forefront of service in our region. We provide the best practices in occupational therapy, incorporating knowledge and practice of the most current assessment and treatment methods.



PiOT's Occupational Therapists are focused on your needs



## Workplace Services

A successful return to work following an illness, accident or injury is beneficial to both the employer and the employee. PiOT offers assessments and services for the workplace to help employees successfully return to their duties with as little disruption as possible. Our experienced occupational therapists perform assessments to evaluate the work environment as well

### Workplace Assessments

- Job Site Assessment
- Physical Demands Assessment (PDA)
- Cognitive Demands Assessment
- Occupational Therapy Cognitive Assessment
- Ergonomic Assessment
- Visual Assessment and Accommodation Report

Rely on our experienced OT team to support your team

as the physical, cognitive and emotional readiness of the employee to return to work. Working together with the employer and medical and rehabilitation team, they will create a return to work plan and establish a therapy program, to ensure a smooth transition back to some or all of the employee's normal work duties. By making recommendations to overcome any barriers that interfere with their return to work, the OT's will provide strategies to maximize the employee's work performance, ensuring the smoothest transition possible for all concerned.

### Workplace Programs to Help Your Employees Bridge Back to Work

- Cognitive Work Hardening Program – Getting Ready to Work • Cognitive Behavioural Therapy, CBT •
  - Pain Management, Progressive Goal Attainment Program, PGAP •
  - Physical and Behavioural Job Coaching • Re-activation Program •





## Seniors Services

As our loved ones age, it is crucial to provide them with supports and services that will allow them to maintain their quality of life for as long as possible. At PiOT, we are devoted to our clients,

and will treat your loved ones with the compassion and respect that they deserve, whatever their situation. Our occupational therapists will support their quality of life in their home and in their community. They are educated in the latest methods of evaluating and identifying physical, sensory, cognitive and social changes that may interfere with the safe participation of self-care, day to day and leisure activities.

PiOT is connected to many community and geriatric resources that can provide assistance and comfort to the seniors and allow them to continue their involvement in meaningful life activities in a safe, encouraging environment. Assistance in other areas such as mobility, nutrition, transportation, and social programs can be examined during OT treatment plans as these needs arise.

## Experienced Therapists

We take great care in selecting therapists who meet our vision of exceptional practice and devoted care. Our team of occupational therapists have extensive experience working with people who are suffering from a variety of conditions such as:

- Traumatic brain injuries (TBI)
- Spinal cord injuries
- Strokes
- Dementia
- Amputations
- Chronic pain
- Orthopaedic conditions
- Emotional & mental health issues

**Some of the specialized services that we offer include:**

- **Life Care Planning**
  - **CogMed Working Memory Training**
  - **Cognitive Behavioural Training (CBT)**
  - **Functional Ability Evaluation (FAE)**
  - **Progressive Goal Attainment Program (PGAP)**
  - **Job Site/Demands Assessment**
  - **Assistive Devices Assessment (ADP)**
- Please contact us for the complete list of services our team provides.



## Geographical Regions



With a team of occupational therapists located in key areas across the province, PiOT is able to service the following regions in Ontario:

- Toronto
- York region
- Peel region
- Waterloo
- Hamilton
- Halton region
- Durham region
- Barrie
- Collingwood
- Kitchener
- Guelph
- Niagara Region
- Bowmanville
- Cobourg
- Brantford

Mileage is prorated to maintain the management of rehabilitation funds.

## Culturally Sensitive Care

At PiOT, we recognize the rich, multi-cultural diversity of the society in which we live. As such, we provide culturally sensitive programs and services in a variety of languages as well as English.

Our languages include:

- Punjabi
- Hindi
- Urdu
- Farsi
- Mandarin
- Cantonese
- Kannada
- Tamil
- Malayalam
- Spanish
- Tagalog
- Bisaya
- French

