YOUR ROAD TO RECOVERY WITH POT

Figuring out what to do after getting injured in an accident can be frustrating. Our team of experienced occupational therapists are here to help you on your journey to recovery so you can thrive again.



YOU ARE INJURED IN A MOTOR VEHICLE ACCIDENT:

After your accident, you come to PiOT for help with rehabilitation for your injuries. Maybe you were referred by your lawyer, case manager or found us on your own.

WE APPLY FOR FUNDING FOR YOUR ASSESSMENT:

PiOT completes an intake and submits an OCF18 request to your insurance company for approval to fund an assessment of your rehabilitation needs.

WE ASSESS YOUR ABILITIES AND REHABILITATION NEEDS:

If the OCF18 is approved, our occupational therapists will go to your home or hospital to assess your overall abilities and limitations. We also look at your eligibility for accident benefits that's available through your insurance coverage.

WE DEVELOP A PERSONALIZED TREATMENT PLAN FOR YOU:

We complete detailed recommendations on the treatment and equipment you may need. This also gets sent to your lawyer, adjuster and/or rehab team. PiOT looks at all areas of your life where we can support your recovery (see list below).

WE APPLY FOR FUNDING FOR YOUR TREATMENT PLAN:

PiOT submits another OCF18 request to get approval from your insurance company to fund the proposed treatment and equipment plan.

6 WE IMPLEMENT YOUR TREATMENT PLAN WITH YOU

If the OCF18 is approved, PiOT starts working with you on the plan as well as gets you the equipment and support you need.

WE REVIEW YOUR PROGRESS AND ADJUST AS NEEDED:

During your rehabilitation process, you may need different services or goals to complete your treatment. We repeat Steps 3-7 as needed, and work with you every step of the way.

YOU RECOVER FROM INJURIES AND THRIVE AGAIN!

HERE ARE SOME OF THE WAYS PIOT HELPS YOU WITH YOUR RECOVERY:

PERSONAL SUPPORT WORKER

Submitting an Attendant Care Form 1 to your insurance company for a personal support worker to assist you

ACCESSIBILITY AND HOME SAFETY

Determining the equipment you need for rehabilitation or any modifications you may need at home for your safety

COGNITIVE REHABILITATION

Assessments and treatments that impact your memory, concentration and other brain functions

REHAB GOALS FOR DAILY FUNCTIONING

Help you re-learn new skills and strategies to complete your daily activities, like personal care, cooking, housekeeping, childcare or getting back into your community

GOALS TO HELP YOU AT WORK OR SCHOOL

Help you develop the structure, support or equipment you need to go to work or school. We work with your school to ensure you have what you need to learn.

LEISURE GOALS

Help you get back into your old recreational interests or develop new ones that you enjoy.

EXPAND YOUR REHABILITATION TEAM

Get additional professionals you may need, such as physiotherapists, chiropractors, social workers, counsellors or speech language pathologists, psychologist, or work with your doctor to facilitate the referrals to the right specialists.

DO I NEED A LAWYER?

Lawyers can advocate for you to your insurance company if your funding gets denied. If you do not have a lawyer, we can refer you to several reputable ones so you can choose someone you are confident in and comfortable with.

WHAT IF I DON'T HAVE INSURANCE?

Our experienced occupational therapists can help you navigate the systems and help you get the rehabilitation you need to recover. You may be covered under extended health benefits or can hire us privately.